

W/C 29.6.2020 Staying Healthy

Classes 1 & 2

Weekly Reading Tasks	Weekly Phonics Tasks
<p>Monday- I don't want to wash my hands. https://www.youtube.com/watch?v=DQRYfaFIY8A Was the maid telling the truth about germs? What do we know about germs? How can we stop spreading germs? Make a poster reminding people to wash their hands.</p>	<p>Monday- o as in hot, got (short o sound) Practise reading these words: Shop stop lost clock spot Can you think of other words with the short o sound? Write some down</p>
<p>Tuesday- Sam's sandwich https://www.youtube.com/watch?v=4-vSwfshvBY What's your favourite sandwich? Can you guess what Sam is going to pop into the sandwich? Notice the rhyming words. Can you think of other words that rhyme with: ants, slug, snail? You could draw a design for a disgusting sandwich</p>	<p>Tuesday- o as in old no, so & cold (long o) Practise reading these words: Sold November bold donut gold Write some long o words of your own</p>
<p>Wednesday - Do not lick this book! (You will need clean hands before you read this!) https://www.youtube.com/watch?v=pBzWj_ZL2KQ Point out that most microbes do not harm us and that we have lived with them all our lives. A few – like coronavirus can make us poorly. Talk about how things look bigger through a microscope and magnifying glass. If you have a magnifying glass, go out looking at things through it.</p>	<p>Wednesday- u as in unicorn, music & unit Practise reading these words: Tube uniform unicycle USA cube Write some of these words in a sentence</p>
<p>Thursday- https://www.youtube.com/watch?v=mN5ZwgT8fMw Watch and learn about ways to look after yourself.</p>	<p>Thursday- u as in put, bull & awful Practise reading these words: Button cushion duster hunt jump Write some of these words in a sentence</p>
<p>Friday- Avocado Baby by Nick Butterworth https://www.youtube.com/watch?v=cKLmcn_38tU What is your favourite food? What foods do you think would give you a strong, healthy body?</p>	<p>Friday- Phonicsplay.co.uk Username: march20 Password: home Play Picnic on Pluto – choose this week's sounds to practise Do the Flash Cards Challenge – how many sounds do you know?</p>

Weekly Writing Tasks	Weekly Maths Tasks https://whiterosemaths.com/homelearning/
Monday- Design a healthy lunchbox – draw and label foods which you think would make a healthy lunch to eat at school or on a picnic.	Monday- Ordering numbers
Tuesday- - Look at the picture at the bottom of the planning – what activities are the children doing? What do you notice about these words? (They all end with 'ing') They are verbs (doing words) Write sentences using some of these verbs. Can you underline the ing words? E.g. – The boy is <u>having</u> a bubble bath and <u>playing</u> with his boat.	Tuesday- Recognising coins
Wednesday- Watch this video of a school sports day. https://www.youtube.com/watch?v=n_nQGqGRY80 Write about some of the activities the children did. Write in sentences using a capital letter, full stop and finger spaces. Try to use some adjectives (describing words) and conjunctions (e.g. and, so, but, because). Write about which would be your favourite race and why.	Wednesday – Recognise notes
Thursday- Sun protection - Talk about why it is so important to protect our skin from the sun and how we can do this Make a poster to show how to protect ourselves from the sun. (sun cream, hat, sun glasses etc.)	Thursday- Counting in coins
Friday Write some wow words (describing words) for fruit: Collect ideas – e.g.: crunchy, juicy, curvy, big, gorgeous, amazing, golden, exotic, sweet, tasty....Try and think of some of your own. You could write them inside the outline of a fruit. E.g. crunchy carrot, sweet banana etc.	Friday – Make a shop – label items (such as small toys, fruit etc.) with prices up to 10p. E.g. apple – 3p, car – 6p, pencil 9p etc Play shopkeeper and get your child to ‘buy’ items with coins. Ask questions: How much money do I need to buy the apple and the car? What can I buy with 10p? If you gave me a 10p coin to buy the apple, how much change would I give you?

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about looking after their body.

- Make fruit kebabs.
- Set up a circuit of activities in the garden.
- Sort some different foods into healthy and not so healthy.
- Songs – Head, shoulders, knees and toes, <https://www.youtube.com/watch?v=TSdelhmv6v0>
- One finger, one thumb, keep moving, <https://www.youtube.com/watch?v=1bmT6RMNQD8>
- Go out for a run, scoot, cycle or walk and enjoy the fresh air and exercise.

STEM Learning Opportunities

This week we are learning about seeds and thinking about where plants come from.

Watch this BBC clip <https://www.bbc.co.uk/bitesize/clips/zc62tfr>

See if you can find some seeds – dandelion clocks, long grass, inside an apple etc.

Try planting some of these seeds and think about what the seeds need to grow.

Watch The Tiny Seed by Eric Carle:

<https://www.bing.com/videos/search?q=the+seed+eric+carle&&view=detail&mid=8726787D0BF95F10EC258726787D0BF95F10EC25&&FORM=VRDGAR&ru=%252Fvideos%252Fsearch%253Fq%253Dthe%20seed%20eric%20carle%2526qs%253DAS%2526form%253DQBVR%2526sp%253D1%2526pq%253Dthe%20seed%20eric%20%2526sc%253D3-14%2526cvid%253D2E55C55D23D647AABB3AF3D180C75B75>

Additional learning resources parents may wish to engage with

- <https://home.oxfordowl.co.uk> Read e-books
- <https://www.phonicsplay.co.uk>
- <https://www.talk4writing.com/home-school-units/> To support your child's speaking and listening, reading and writing.
- <https://whiterosemaths.com/homelearning/> Online maths lessons. Watch a lesson video and complete the worksheet.
- <https://uk.ixl.com/math/year-1> Interactive games to play and guides for parents.
- <https://www.mathematics mastery.org/free-resources> Learning packs with different activities and lessons with notes on how to do these activities with your child.
- <https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/>
- Phonicsplay.co.uk – free access at the moment – lots of phonics games to play
- Out of the ark music @ home
- PE – Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>
- - <https://www.asphaltgreen.org/blog/rep-it-out-games-for-social-distancing>

