

W/C 13.7.2020 Being Resilient

Year 1

Weekly Reading Tasks	Weekly Phonics Tasks
<p>Monday- The Paper Bag Princess by Robert Munsch. https://www.youtube.com/watch?v=P0INFZtpq7A What goes wrong for Elizabeth at the beginning of the story? What does she do about it? How did she outsmart the dragon? Why did she decide not to marry Prince Robert?</p>	<p>Monday- ea as in sea & bead Practise reading these words: Bean beach leaf flea teach Can you think of other words with the ea sound? Write some down</p>
<p>Tuesday- Giraffe's Can't Dance by Giles Andreae https://www.youtube.com/watch?v=4UNRduYI_04 Can you find rhyming words in the story? Try to find other rhymes for these words.</p>	<p>Tuesday- ea as in head & feather Practise reading these words: Thread dread steady weather ahead spread Can you think of other words with the short ea sound? Write some sentences using some of these words.</p>
<p>Wednesday- Giraffe's Can't Dance https://www.youtube.com/watch?v=vZjsLK5vwNU Why do you think the other animals were unkind? How do you think the other animals made Gerald feel? Did he change to please them? Who helped him to believe in himself? Make a Gerald Giraffe puppet and re-tell the story</p>	<p>Wednesday - er as in faster & mixer (at end of word) Practise reading these words: Stronger butter chatter longer jumper farmer Can you think of other words with the er sound at the end? Write some down</p>
<p>Thursday- Rosie Revere Engineer By Andrea Beaty https://www.youtube.com/watch?v=3sNVhNThxcc What does Rosie want to be? Why did she nearly give up? What do you want to be when you grow up? Draw a picture. Remember – you can do anything! You just have to keep on trying!</p>	<p>Thursday- er as in fern & herbivore Practise reading these words: Herbs person serve verse expert Can you think of other words with the er sound?</p>
<p>Friday-Whistle for Willie – Ezra Jack Keats https://www.youtube.com/watch?v=umbWnSOi0iQ What does Peter teach himself to do? Does he find it easy? What happens when he can't whistle? Does he get mad? No he keeps on trying! Is there anything that you would like to learn?</p>	<p>Friday- https://www.phonicsplay.co.uk/ - Username: march20 Password: home Play Cheeky Chimps – choose this week's sounds to practise Play Reading Robots where you have to read real and Alien words (non-real words).</p>
Weekly Writing Tasks	Weekly Maths Tasks

<p>Monday- being brave – if I were a super hero... Talk about times when you might need to be brave – If you are hurt, going to the doctor or dentist, coping with lockdown etc. What if you were a super hero? Draw yourself as a super hero and write about the powers you would have: E.g. If I was a super hero I would be able to fly high above the town and swoop down to help people.</p>	<p>Monday- time to the hour</p>
<p>Tuesday-What am I good at? Proud to be me! Write or draw something that you are really good at. How does it make you feel? Now think of something that you would like to learn to do. Write – I would like to be able to...so that... E.g. I would like to be able to swim without arm bands so that I can be a life guard when I am bigger.</p>	<p>Tuesday- time to the half hour</p>
<p>Wednesday- Dealing with bad things. Calming down and self-soothing Watch this clip about dealing with anger: https://www.bbc.co.uk/bitesize/clips/zjxqxn timer What makes you angry or frustrated? How do you feel when you are angry? Make a list of some of the ways you could try to calm down next time you feel angry or frustrated.</p>	<p>Wednesday – writing time</p>
<p>Thursday- play and leisure – my favourite things Make lists of your favourite: TV shows and films, book characters, sport, things to eat, animal, place.</p>	<p>Thursday- comparing time</p>
<p>Friday- Look on the bright side It's been a funny year in school this year hasn't it? Talk about your time in Year 1 and draw or write about your favourite memories.</p>	<p>Friday - Use chalk to draw a clock on the ground. The hands of the clock can be demonstrated with sticks of two different lengths, encouraging the children to consider the hour and minute hands of a clock. Ask the child to use the sticks to show different times. For example this could be 3 o'clock or half past 4.</p>

The project this week aims to provide opportunities for your child to learn more about being resilient.

- Explaining what resilience is - https://mindedforfamilies.org.uk/Content/building_confidence_and_resilience/course/assets/c37eb7223076b4368976cffd02c7fd3dd103d81a.pdf
- Talk with your child about understanding the feelings of others – Watch: <https://www.youtube.com/watch?v=KTFJ9gjfAXq&list=PLQJaFRtaBs0p8FZmiUBxA4NnwVkOPWJqz&index=1> - Cookie Monster sharing cookies
- Help your child to learn to calm down when they are frustrated or have a problem - <https://www.youtube.com/watch?v=VDjenIHojyo&list=PLQJaFRtaBs0p8FZmiUBxA4NnwVkOPWJqz&index=3> - Elmo doesn't give up
- Identify a problem and come up with ways to solve it (asking for help, trying a different way, watching a how-to video etc.)
- Use circle/quiet time to think about things that we have found difficult and what we did to overcome the difficulty e.g. 'I found it really difficult to... so I...'
- Learn to tie your shoe laces.
- Practise aiming and throwing – throw or kick a ball at a target (into a bucket, hoop etc.) How many can you get on target? Can you improve by practising?

Language to encourage thinking about perseverance:

- Stick at it.
- It's good to have a go.
- If you try, try, try, then you can, can, can.
- What could you do if you get stuck?
- What did you do when you got stuck before?
- Could you try something different?
- You were stuck, now you're not. That's great!
- How did it feel when you finished that?

STEM Learning Opportunities



- Make bird feeders and hang outside. Using seeds and peanut butter or lard. To reduce the amount of plastic, try to use cardboard. Children can cut the cardboard into a shape they like, use a hole-punch to make a hole, cover the card in in peanut butter or lard and then cover with seeds. It's a messy job, but the birds will love it!

Additional learning resources parents may wish to engage with

- <https://home.oxfordowl.co.uk> Read e-books
- <https://www.phonicsplay.co.uk>
- <https://www.talk4writing.com/home-school-units/> To support your child's speaking and listening, reading and writing.
- <https://whiterosemaths.com/homelearning/> Online maths lessons. Watch a lesson video and complete the worksheet.

- <https://uk.ixl.com/math/year-1> Interactive games to play and guides for parents.
- <https://www.mathematicsmastery.org/free-resources> Learning packs with different activities and lessons with notes on how to do these activities with your child.
- <https://monsterphonics.com/home-learning-in-the-covid-19-lockdown/year-1-home-learning/>
- Phonicsplay.co.uk – free access at the moment – lots of phonics games to play
- Out of the ark music @ home
- PE – Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>
- - <https://www.asphaltgreen.org/blog/rep-it-out-games-for-social-distancing>
- Music - <https://www.bbc.co.uk/teach/bring-the-noise/encouraging-listening/z7jgf4j>
- <https://www.bbc.co.uk/games/embed/bring-the-noise?exitGameUrl=http%3A%2F%2Fbbc.co.uk%2Fteach%2Fbring-the-noise%2Feyfs-ks1-music-play-it-bring-the-noise%2Fz4sq92p> Play It! – BBC – listening to songs, finding the beat.
- <https://www.letsplaykidsmusic.com/14-best-classical-music-tracks-for-kids/> 14 Best Classical Music Tracks For Kids